



St. Francis of Assisi

Saint Francis is called the little poor man of Assisi. He was born in the year 1182 in the town of Assisi in Italy. His father's name was Bernardone. Bernardone was a very wealthy merchant of Assisi. Francis was a very good-looking boy. He was merry and soft-hearted. So he had many friends. All the noble men's sons were his companions. Francis was brought up in luxury and gaiety. He spent a considerable portion of his wealth in extravagant pleasures. He used to drink with the young princes of the land. One day Francis

was joking and laughing with his friends. A beggar came along crying for alms. Francis, who was soft-hearted, gave whatever he had in his pocket to the beggar. His companions mocked at him for his charitable act. Dispassion dawned in his heart. The sight of the beggar set him thinking about the poverty and misery of mundane life. He gave much money to the poor. His father thought that Francis was wasting his money and rebuked him.

Sometime after this, Francis was laid up in bed for many months on account of some serious disease. He was about to die. But the Lord saved him as he had to carry out a definite mission in his life. The nature of Francis was entirely changed. Francis prayed to the Lord for light and guidance as to his future. He had a vision of Lord Jesus. He made a strong determination to renounce his old way of living to tread a life of purity and to dedicate his life to the service of humanity. [*continued*](#)

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Special points of interest:

- *A Haunting in Evergreen*
- *JP Total Pumpkin Patch*
- *Blessing of the Animals*
- *The Discipline of Passion*
- *Colorado Episcopal Foundation*



[St. Francis of Assisi, continued](#)

As soon as Francis got well, he informed his parents of his determination. They were disappointed. They became angry with Francis. Francis gave up his old ways and habits and set up to serve God. He distributed clothes, goods and money to the poor. His father was very much annoyed towards his son. He said, "Is this the gratitude you show to me ? I laboured hard and amassed wealth. You are lavishly wasting it on these miserable wretches".

Francis' friends mocked at him and teased him. His father turned him out of the house. Francis lived like a beggar. His old friends even pelted him with stones and mud. He bore everything with patience. He wore a coarse dress and ate simple food.

Francis lived in a cave in the mountains of Assisi and spent his time in prayer and meditation for two years. Some kind people gave him food, but very often he had to starve.

Francis called the body 'brother ass'. He kept this brother ass under perfect discipline and control. Sometimes he kept this brother ass without food and water and denied it some special food that it liked very much.

Francis was humble. He loved God's creatures. He loved birds and beasts. He loved the depressed and the outcastes. He treated the birds, the beasts and all beings as brothers and sisters.

Francis went from village to village preaching the love of God. He invited people to join him in his life of service if they were willing. Bernard, a rich man of Assisi, was very much attracted by the saintliness of Francis. He joined Francis. He was the first follower of Francis. He placed all his wealth at the altar of God. Eleven others also joined Francis. They distributed all their wealth to the poor. Francis and his followers went all over Italy preaching, teaching, healing and blessing wherever they went.

The gospel of kindness and love of Francis soon spread all over Europe and earned for him the name of St. Francis. People called him the little poor man of Assisi. He lived for ever in the hearts of all men.

St. Francis collected many followers and founded the Order of Mendicant Friars or Franciscans. The members of this Order have to take a vow of poverty, chastity, love and obedience.

St. Francis gave up his mortal coil in 1228.

The followers of St. Francis built a beautiful church round him on the hill of Assisi, the hill he so dearly loved. The influence of St. Francis and the sweet aroma of the life he lived will last for ever.

Glory to St. Francis, the little poor man of Assisi, but an illustrious saint !

<http://www.dlshq.org/saints/francis.htm>

Check This Out!!!

JOIN THE THEOLOGICAL INQUIRY CLASS LED BY FR. MARK USING FREDERICK BUECHNER'S BOOK "WISHFUL THINKING: A THEOLOGICAL ABC". THE CLASS IS HELD IN STEWART LOUNGE (IN ST. MARK'S) BETWEEN SUNDAY SERVICES FROM 9:00 TO 10:00.



Lectio Divina will be held on October 6th at 9 am



Church Picnic—11:30 AM on Sunday, October 7th in the meadow. Burgers, brats and beverages will be provided, please bring a side dish or dessert and a smile to share!

Church of the Transfiguration Staff and Vestry

Priest in Charge - The Rev. Mark Norris
 marknorris@juno.com
 303-674-4904 ext. 11
 Parish Administrator—Jerri Avery,
 303-674-4904
 Organist & Choir Director—Bob Coursen,
 303-674-4904
 Director of Children's Ministries—Janet Reznik, 303-674-9253
 Building & Grounds Administrator—
 Ken Schmidt, 303-598-6128

Office Hours

Monday 1-5
 Tuesday 10-5
 Wednesday 12 -7
 Thursday 10-5
 cotransfig@gmail.com
 www.church-transfig.net
 www.colorado-weddings.org

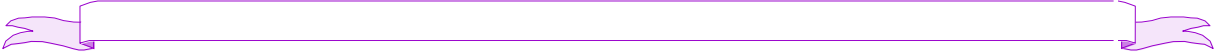
2012 Vestry

Co- Senior Wardens: David Black & Randy Reznik
 Junior Warden—Emil Gadeken
 Michael Coriden
 Mary Hatfield
 Stephanie Harris
 Treasurer—Steven Peters
 Vestry Clerk—Sara Gadeken

Blessing of the Animals

In the Scriptures, the act of blessing means 'the imparting of power or life.' The person performing the blessing is mediating that power from God or Christ to the person performing or the animal involved. To bless is more than an expression of goodwill and caring. To bless is to impart God's power in person! The blessing of each animal, by name, means that health, healing and life are being mediated from God for the benefit of the animal in its relationship with its human partners. Be careful not to reinforce the separation of human animals and other animals by this blessing. Instead, consider reinforcing our common kinship by blessing ALL animals--human and otherwise.

<http://www.letalcreationpraise.org/worship-services/blessing-of-the-animals>



The Prayer of Saint Francis

"O Lord, make me an instrument of Thy Peace!
Where there is hatred, let me sow love;
Where there is injury, pardon;
Where there is discord, harmony;
Where there is doubt, faith;
Where there is despair, hope;
Where there is darkness, light, and
Where there is sorrow, joy.
Oh Divine Master, grant that I may not
so much seek to be consoled as to console;
to be understood as to understand; to be loved
as to love; for it is in giving that we receive;
It is in pardoning that we are pardoned;
and it is in dying that we are born to Eternal Life."

SOUP'S ON, EChO Stone Soup



Soup Ministry

Homemade soups in the freezer are available for parishioners and friends that are sick, shut-in or need some TLC. Feel free to give soup to someone you see at church that is hurting, or take soup to someone you are going to visit. The soups are in the freezer on the east wall of the kitchen.



Help make lunch for the community.....COT will be making soup to give to EChO for those in need on October 14th. We need volunteers to help in the preparation and purchase of ingredients (see below) for this worthy cause.

Please contact Stephanie Harris if interested and willing to help!
303-564-0210

EChO October soup—Pumpkin Soup

- 33 cups chicken stock
- 2 tablespoons and 2-1/4 teaspoons salt
- 22 cups pumpkin puree
- 5-1/2 cups chopped onion
- 2-3/4 teaspoons chopped fresh thyme
- 5-1/2 cloves garlic, minced
- 2-3/4 cups heavy whipping cream
- 28 whole black peppercorns



1. Heat stock, salt, pumpkin, onion, thyme, garlic, and peppercorns. Bring to a boil, reduce heat to low, and simmer for 30 minutes uncovered.
2. Puree the soup in small batches (1 cup at a time) using a food processor or blender. Return to pan, and bring to a boil again. Reduce heat to low, and simmer for another 30 minutes, uncovered. Stir in heavy cream.

Tell me, what is it you plan to do with your one wild and precious life? - Mary Oliver

The Discipline of Passion: Obeying the Mandates of Your Heart

When you sit on a porch swing, or have your first early morning cup of coffee, or take a hike in the mountains, where does your mind wander? What dreams do you hold of things you might have tried, things you might still like to try to do?

These questions are at the root of all meaningful ministry. The Good News comes to life through our passions made tangible in the world.

Tell me, what is it you plan to do with your one wild and precious life?

In this weekend, participants will work in small groups called "Passion Teams" using a combination of individual journaling, group conversation, mini-lectures, and other exercises. The purpose of this work is to unearth a dream or passion and then develop a plan to enact this dream in one's local context.

The dream or passion can be as simple as organizing one's home office, or as broad as starting a new nonprofit to address an issue of concern.

The underlying assumption upon which this retreat is based is that some of the most effective ministry happens when Christians practice the discipline of listening to the passions we each have and acting on them.

Led by journalist and facilitator Darreby Ambler, you will begin a process Darreby pioneered with impressive results in her home state of Maine.

You will work with a small group so that you can bring your dream to fruition over the six weeks following the retreat.



**October 19-21
at Cathedral Ridge
Woodland Park, CO
call 303-388-4395 to register**

Thanks to generous support from the High Plains Region of the Diocese of Colorado and The Colorado Episcopal Foundation, tuition is \$50, including meals and lodging. Please register before October 10.

Call St. Thomas Church at 303-388-4395 to register, or for more information.

The Transfiguration Book Club

Monday, October 22nd from 6:30—9:30 PM in the Church

White Tiger, A Novel by Aravind Adiga

All are invited to join in on this fun and interesting group—ladies AND gentlemen!

Even if you have never come to any of the meetings before, please come....and bring friends!

Please bring a snack and drink to share

If you have question or concerns, email
Shelley Black—Shelley_Black@att.biz
Kit Snyder—snyderkit@hotmail.com



Please contact Kit or Shelley for the November book title.

Please plan to help on October 14th for a clean-up day for the church! We need all that are willing and able to help!!!

Thank you in advance for your support!!!



Prayers



Anointing and Healing

Prayers Anointing and healing prayers are offered by Father Mark and the Daughters of the King during the 10:15 service on the last Sunday of each month. All are welcome to come to the front of the church after communion for this special offering. This month the prayers will be on October 28th.

Morning Prayer Service

sponsored by the Daughters of the King and in fellowship with EDSE is offered on THURSDAY mornings at 8:30 AM in the church. The Daughters and Friends of the Episcopal Day School extend an invitation to all to attend this wonderful service. Please feel free to walk the Labyrinth after.

Evening Prayer Service

also sponsored by the Daughters of the King is offered on the second and fourth Mondays of each month at 5:30 pm in the Chapel of St. Mary and St. Joseph. The next Evening Prayer services will be October 8th and 22nd.

***JP TOTAL'S 20TH ANNUAL
PUMPKIN PATCH***

***ALL OCTOBER—OPEN 7 DAYS/WEEK
FROM 9:00 UNTIL DARK!!!***



JP Total also provides: mowing, landscape design and installation, garden bed design, aerating, fertilizing, ground fuel fire mitigation and an on site farm market!

303-670-8414

4370 S. Independence Trail

A HAUNTING IN EVERGREEN!!!



Join us for a classically spooky haunted house here in Evergreen!

Friday, October 26— Haunted House 7-10 pm

Saturday, October 27— 11-4 - Haunted House and pumpkin carving,
games and fun to coincide with JP Total's Customer Appreciation Lunch
and Pumpkin Patch

Saturday, October 27— Haunted House 7-10 pm

Wednesday, October 31— Haunted House 7-10 pm

Tickets are \$5 for two walk-throughs. Please bring a canned food item
to benefit ECHO



HAITI TRIP



A Haiti trip is planned for Oct 7-18. All are concerned about possible change of plans due to current hurricane danger, and we ask prayers for Haiti and for our own participation in future of Haiti.. It is a general info and vision trip but will offer services if and when appropriate. Don Snyder will be there and has invited Fr Mark to join him on his special part of the trip. Gretchen Berggren, M.D., Marcia Walsh (LPN) and Donna Kautzman (Ph.D.) will join (if possible) Dr Eben Carsey and Dr Mike Earnest in Chevalier, where St Paul's, near Petit Trou des Nippes, is located. First part of trip is to be at Leogane, where Children's Nutrition Program of Haiti and a number of Rotary projects are located.



If you would like to contribute towards Fr. Mark's expenses, please send a check made out to the Church of the Transfiguration with "Haiti Trip" in the memo. Please send the check to the church office at P.O. Box 1630, Evergreen, CO 80437. After all money has been received, the church will give a check to Fr. Mark. Unfortunately, your donations to Fr. Mark's Haiti trip are not tax deductible.

Let's pray for a safe, productive and spiritually fulfilling trip for all!



PLANNED GIVING

What is Planned Giving?

A planned gift is any gift made during a lifetime or under a will or other trust from assets accumulated during one's life.

The Ministry of Planned Giving:

- Is a ministry that encourages and assists church members to plan responsibly for the disposition of their worldly goods
- Encourages church members to make suitable provision for their family members while remembering the church as well
- Invites parishioners to witness to their faith, their love for God and the Church in a very special way
- Strengthens the ministry of the church, the institution, or the program to which parishioners have special commitment to support for generations to come

What are some Planned Giving Options?

Life Income or Residence Gifts

A. Pooled Income Fund

Cash or appreciated property. Current income tax deduction based on age of the donor and/or beneficiaries. Possible avoidance of capital gains tax on appreciated property. Stream of income for life to donor or beneficiaries. Possible estate tax savings.

B. Charitable Gift Annuity

Cash or appreciated property. Current income tax deduction. Income for life at fixed rate to donor or beneficiaries. Possible estate tax savings.

C. Life Estate

Gift of real estate: home, vacation home, farm, ranch or condominium. Current income tax deduction; no capital gains tax; possible estate tax savings. If income property, income stream can continue. Occupancy of property until death.

D. Charitable Remainder Trust

Cash or appreciated property. Current income tax deduction based on age of the donor and other factors. Initial bypass of capital gains tax. Fixed payout or % of assets in trust. Possible estate tax savings.

What are some Planned Giving Options?, continued

Simple Gifts Made During a Lifetime

A. Cash

Common, easy form of gift. Current income tax deduction.

B. Appreciated Property

Securities, real estate or tangible personal property such as automobiles, coins, etc. Typically, no capital gains tax paid on appreciation.

Gifts Made at Death

A. Bequest by Will

Cash or specific property. Simple to set up. Can be set amount, percent of estate, or a specific asset. Possible estate tax savings.

B. Life Insurance

Church is named as beneficiary of policy. Gift to church may be larger than otherwise possible. Possible estate tax savings.

C. Retirement Plan or IRA

Church is named beneficiary by the owner. Assets go directly to church, generally with no income or estate taxes due.

The above summary of planned giving options is meant only as an introduction, not a complete description. Parishioners interested in any of the above options should be urged to seek the counsel of their own legal and financial advisors in order to determine the suitability of the option in their individual situation. More information on the above options is available through the Foundation.



COLORADO EPISCOPAL FOUNDATION

FOOD BANK



Evergreen Christian Outreach

Needs List-October 2012

Small Peanut Butter

Toothpaste

Hearty Soups

Boxed Pasta

Mac & Cheese

Toilet Paper

Spaghetti Sauce

Sugar

Cold Cereal

Tuna

Canned fruit

Laundry Detergent

Tooth Brushes

Dish Liquid Soap

Helper Meals

Canned Vegetables

Bar Soap



Other Items for St. Raphael's House*

Coffee Makers

Telephones

Pots & Pans

Mens Jeans

Spoons & Forks

King & Queen Bedding

Vacuum Cleaners
waves

Blenders, Toasters & Micro-

Tarps

Note: *No after hours donations accepted due to fire and safety requirements. Thank you for your cooperation and your donations.*

Volunteers Always Needed!

Call: 303-670-1796

Open Mondays 10-6

Open Tuesday, Wednesday & Thursday 10-4

Celebrate!!!

October Birthdays

<i>Jim Malone</i>	<i>10/1</i>
<i>Brian Avery</i>	<i>10/6</i>
<i>Shirley Foley</i>	<i>10/8</i>
<i>Jean Lafond</i>	<i>10/10</i>
<i>Bob Coursen</i>	<i>10/11</i>
<i>Susan Courtney</i>	<i>10/20</i>
<i>Emilie Reznik</i>	<i>10/22</i>
<i>Dawn Barr</i>	<i>10/23</i>
<i>Ken Schmidt</i>	<i>10/24</i>
<i>Wayne Grider</i>	<i>10/27</i>
<i>Bill Borchelt</i>	<i>10/28</i>
<i>Mike Avery</i>	<i>10/29</i>



October Anniversaries

Michael and Karen Coriden 10/12



October 2012

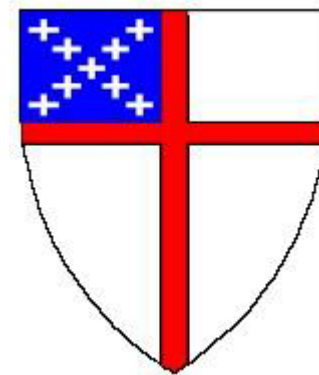
SUNDAY	MONDAY	TUESDAY	WEDNES-	THURS-	FRIDAY	SATUR-
	1 9-3 <i>EDSE</i> 4-5:30 <i>Drama Class</i>	2 9-3 <i>EDSE</i> 4-6 pm <i>Property Committee</i>	3 9-3 <i>EDSE</i> 9-10 <i>EChO</i>	4 9-3 <i>EDSE</i> 7 pm <i>Choir</i> CO Diocesan Convention	5 CO Diocesan Convention	6 8 am <i>AA</i> 9 am <i>Lectio Divina</i> CO Diocesan Convention
7 8 am <i>Holy Eucharist</i> 9 -10 <i>Theological Inquiry</i> 10:15 am <i>Holy Eucharist—Blessing of Animals, SSchool</i> 11:30 <i>COOK-OUT</i>	8 9-3 <i>EDSE</i> 4-5:30 <i>Drama Class</i> 5:30 pm <i>Evening Prayer</i>	9 9-3 <i>EDSE</i> 7-10 <i>EChO Board Meeting</i>	10 9-3 <i>EDSE</i> 9-10 <i>EChO</i> 7:30 pm <i>AA</i>	11 8:30 am <i>Morning Prayer</i> 9-3 <i>EDSE</i> 7 pm <i>Choir</i>	12	13 8 am <i>AA</i>
14 8 am <i>Holy Eucharist</i> 9 -10 <i>Theological Inquiry</i> 10:15 am <i>Holy Eucharist, Sunday School</i> Church Cleanup Day!!!	15 9-3 <i>EDSE</i> 4-5:30 <i>Drama Class</i> 6:30 <i>Vestry</i>	16 9-3 <i>EDSE</i> 5:30 pm <i>Friendship Bridge</i>	17 9-3 <i>EDSE</i> 9-10 <i>EChO</i> 7:30 pm <i>AA</i>	18 8:30 am <i>Morning Prayer</i> 9-3 <i>EDSE</i> 7 pm <i>Choir</i>	19	20 8 am <i>AA</i>
21 8 am <i>Holy Eucharist</i> 9 -10 <i>Theological Inquiry</i> 10:15 am <i>Holy Eucharist, Sunday School</i>	22 9-3 <i>EDSE</i> 4-5:30 <i>Drama Class</i> 5:30 <i>Evening Prayer</i> 6 <i>Book Club</i>	23 9-3 <i>EDSE</i>	24 9-3 <i>EDSE</i> 9-10 <i>EChO</i> 7:30 pm <i>AA</i>	25 8:30 am <i>Morning Prayer</i> 9-3 <i>EDSE</i> 7 pm <i>Choir</i>	26 7-10 pm <i>Haunted House</i>	27 8 am <i>AA</i> 11-4 <i>Family Halloween Events</i> 7-10 pm <i>Haunted House</i>
28 8 am <i>Holy Eucharist</i> 9 -10 <i>Theological Inquiry</i> 10:15 am <i>Holy Eucharist, Sunday School</i>	29 9-3 <i>EDSE</i> 4-5:30 <i>Drama Class</i>	30 9-3 <i>EDSE</i>	31 9-3 <i>EDSE</i> 9-10 <i>EChO</i> 7:30 pm <i>AA</i>		<i>Church</i> <i>Douglas Hall</i> <i>St. Mark's</i> <i>Meadow</i> <i>Chapel</i> <i>Stuart Lounge</i>	



**THE CHURCH OF THE
TRANSFIGURATION**

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Evergreen, Colorado 80437

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E-mail: cotransfig@gmail.com



We're on the Web!
www.church-transfig.net

Newsletter Submissions

Please contact Stephanie Harris with ideas, suggestions and monthly reports for the newsletter. Monthly reports to be submitted no later than the 22nd of each month.

sharris7@hotmail.com



**Have something to add to the newsletter?!?!
Please contact Stephanie (see contact information to the left).**

**Upcoming ideas for pages: recipe exchange,
community coupons, trivia and games**

**ALL IDEAS WELCOME AND
ENCOURAGED!!!**